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IM. PAWŁA ADAMOWICZA

# The future of elderly care in Poland

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# The future of elderly care in Poland

## DEMOGRAPHY OF POLAND IN 2020

**Population of Poland in 2020** 38 138 000

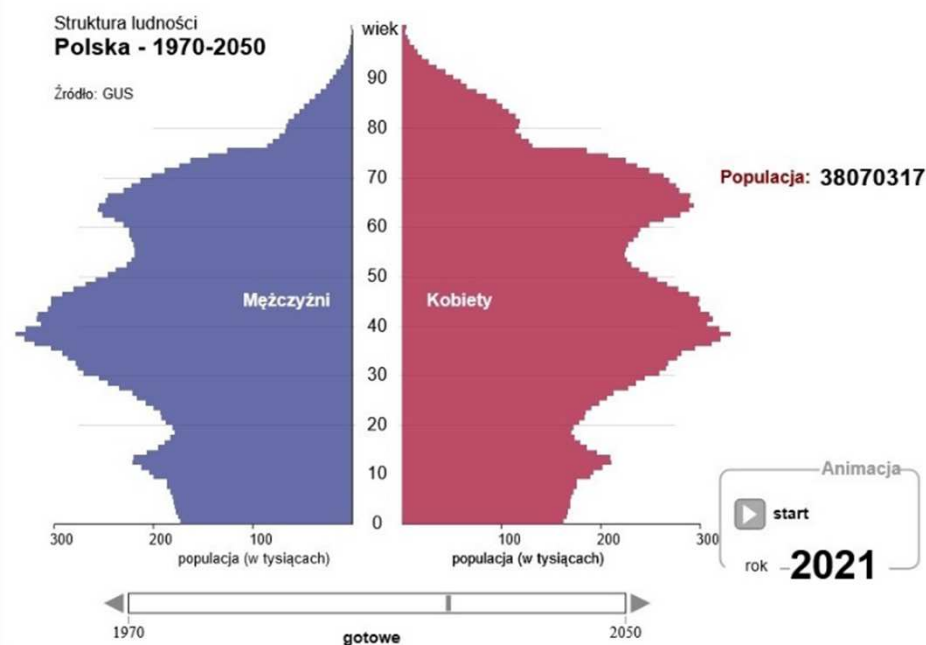
Women 19 677 000

Men 18 461 000

**including 60+** 9 887 000 - 26% population

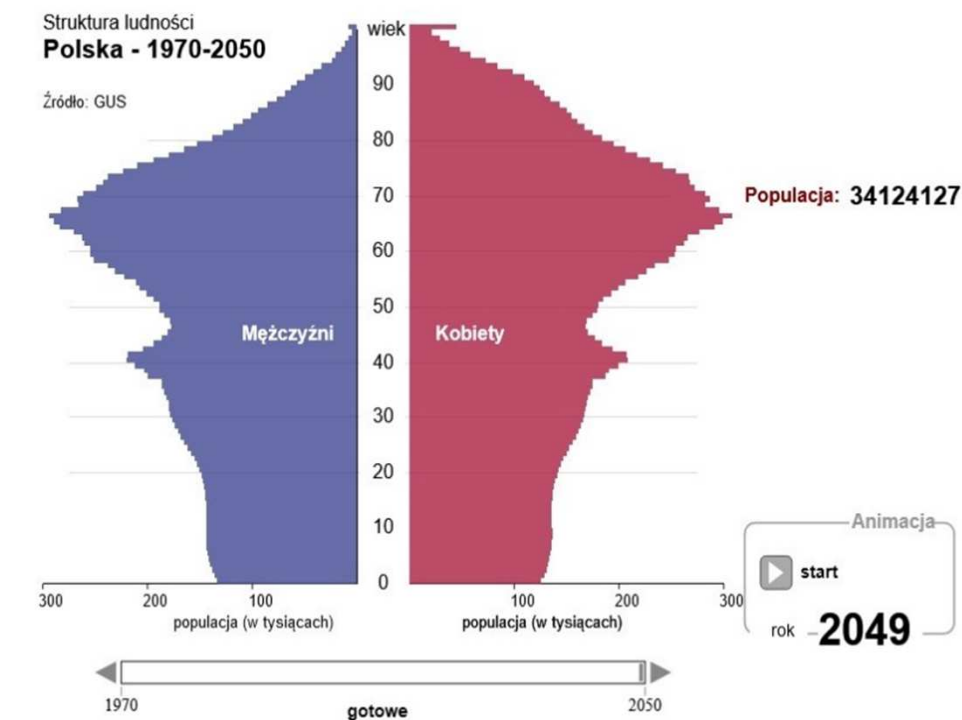
Women 5 730 000

Men 4 157 000



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## DEMOGRAPHY OF POLAND IN 2050



### Forecasts for the number of people 60+:

- 2030 – 29% of population
- 2040 – 34% of population
- 2050 – 40% of population

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## CAUSES OF DEATH AND HEALTH PROBLEMS

### Main causes of death (percentage of all deaths)

	general population	people 60+
• Cardiovascular diseases	41	46
• Malignant neoplasms	25	25
• Respiratory system diseases	7	7

### The main health problems of seniors

- Hypertension - 75% of people over 60 years of age
- Depression - 26% of the elderly
- Chronic kidney disease - 21% of people over the age of 65
- Malignant neoplasms - 9.7% of seniors have had or are living with cancer
- Multiple illness - more than half of people over 60 are treated for three or more diseases.

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## HEALTH CARE FOR SENIORS

### Geriatric care - hospitalization

- 58 hospital geriatric wards with 1 208 beds
- 34 182 hospitalizations

### Long-term care

- 771 care and treatment facilities as well as nursing and care facilities with 37 829 beds
- Home care - 1 708 277 services
- Care in a care and treatment facility - 41 953 services

### Palliative and hospice care

- 118 stationary hospices - 2 430 beds
- 798 home hospices
- 12 day palliative or hospice care centers - 96 places

### Health resort treatment

- 381 848 people aged 65 and over took advantage of the health resort treatment - 47.2% of all patients

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## SOCIAL WELFARE FOR SENIORS

- **Daily care homes:** 468 units, 19 019 places
- **Family nursing homes:** 33 units, 228 places
- **Social welfare homes:** 823 units, 81 004 places
- **Sheltered housing:** 1 106 houses, 3 812 places
- **Non-public social welfare homes** (business activity, foundations, associations, no decision required): 72 527 people 60+ (65% of all residents of these homes).

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## THE FUTURE OF SENIOR CARE

- optimal access to health, rehabilitation and care and nursing services
- support for dependent elderly people and their caregivers in everyday functioning
- elimination of barriers to the full participation of the elderly in social and public life
- counteracting violence and discrimination against the elderly
- social activation of the elderly
- shaping a positive image of the elderly in society and using their potential
- disseminating the idea of assisted housing.





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**Thank you for your attention**